

YOGA WITH DEEPANKAR



EVERY MONDAY & FRIDAY* @ LILLEYOGAHUS

TRADITIONAL YOGA FROM INDIA

Deepankar is born and raised in India. His goal is to bring people to their true nature, where there is peace and joy from within.

His holistic yoga classes are based on a traditional approach including philosophy, pranayama, yoga asanas and a guided relaxation or yoga nidra. The experiential effect will nourish your body, mind & soul to the deepest level. Join his class and experience yourself :)

MONDAY: 4.30 PM - 6 PM

FRIDAY: 08:30 AM - 10 AM

100 dkk/class (mobile pay/cash)



For class bookings/info

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Or get in touch

91935467 / 50363627